

Avondale Community News

Volume 1/Issue 6

October 2009

Avondale Community Council President Concerned about City Funding

By Ozie Davis III



Patricia Milton

Avondale Community Council President Patricia Milton voiced Community concerns over the City's recent decision to redirect \$813,000 dedicated to Avondale to assist with the current city budget crisis.

"Although everybody we've spoken to has promised the return of these funds, we are certainly concerned and plan to meet with the City Manager, Mayor, and Council members," said Milton.

The funds were earmarked to assist the ACC in the purchase and redevelopment of the Avondale Community Pride Center. Talks with the Uptown Consortium, a collaborative of the five major employers in the Uptown Communities, and the ACC have stalled (but recently picked back up) as to just how those funds might be used, so the City took the opportunity to move those funds temporarily. "There are certainly vast needs in our community and we want to make certain that those funds are maximized for the residents of Avondale." "We have met with Michael Cervay and he and City Administration are clear that we intend to use our funds; we hope to have the return of these funds for use early next year."

While Ms. Milton expressed concerns, she was also clear that there were other things in the neighborhood just as pressing and that the current redevelopment plans of the Vernon Manor were "totally unacceptable" and detailed the ACC's plan to ensure the neighborhoods current revitalization strategy was not derailed. "Our information is that the Warm Brothers (owners of the Vernon Manor) have an interested buyer and that buyer intends to

turn the historic property into Low Income Housing, the Avondale Community is totally opposed to that and will not agree to any such zoning changes, tax applications, or the like- We have enough Low Income Housing rental property available in our neighborhood. We are looking to increase our Home Ownership. If they would like to turn the Vernon Manor into a Belvedere South, that would be a great idea." The ACC plans to send the Warm Brothers a letter welcoming them to sit down with the Community before deciding what to do with their property.

In other Avondale Community news, talk of the new organized residential movement, Residents For A Better Avondale (**RUFABA**), planned boycott of Mike's J&W is having people take note of the Community's total commitment to the change of Avondale. **RUFABA**, is an arm of the Avondale Community Council, and is working to address specific problem areas that plague the community. After a recent Access to Healthy Foods Task Force pointed to the lack of fresh foods in the Community, **RUFABA** organized to shut down those opposed to providing appropriate conditions for the residents of Avondale.

"We're sitting with all our partners trying to ensure Avondale's return to its proper place in this City, as a leader in good living, where residents are safe, healthy, and prospering economically." While this all is challenging, if you leave it to Ms. Milton as an integral leader in this change, one can feel it is going to happen.

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Avondale Legal Clinic Re-Cap

Throughout the month of August, the Avondale Legal Clinic held three sessions. The clinic operated for four hours on Saturday mornings in the Avondale Pride Center. The goal of the clinic was to serve every client who walked through the door regardless of income or legal problem. No appointment was necessary and attorneys addressed clients on a first come, first served basis.

Upon entering the clinic, clients signed a Client Disclaimer form and a questionnaire. Once this short process was completed, the client was matched with an attorney and or law student best suited to address their legal issue.

Over the course of three clinics, attorneys and law students met with an estimated total of fifty clients. A broad spectrum of legal issues were addressed during each session, including but not limited to :

**Child custody, Employment/Unemployment
Family/Divorce, Landlord/Tenant
Wills/Trusts, Discrimination
Bankruptcy, Expungement, Foreclosure**

Volunteer attorneys and law students assisted clients in a myriad of ways:

- Spoke on behalf of citizens and made phone calls to various government and legal organizations
- Drafted letters, memoranda, and other pertinent legal documents
- Offered counsel and advice pertaining to trial and plea agreements
- Coordinated the return of a child to his/her birth mother (custody)
- Explained legal terminology and legalese.

The mission of the Avondale Legal Clinic is:

1. Providing accessible attorneys to the financially constrained individuals of the Avondale community.
2. Providing high quality legal services and assistance to such clients
3. Empowering Avondale residents with the legal tools necessary to protect their personal and professional assets and,
4. Promoting community participation and control.

**Join Avondale Clergy and Others
to
"March for the Health of Our Communities"
followed by a Rally
Saturday, October 10, 2009**

12:00 p.m.

South Avondale Elementary School
636 Prospect Place, 45229



**Keynote Speaker: Dr. Adewale Troutman
Louisville Metro Department of Public Health and
Wellness, Director Center for the Elimination of
Health Disparities in Louisville, Founder**

- African American populations have the highest incidence of diseases, including: AIDS, heart disease, diabetes and obesity
- African American communities do not have access to healthy foods due to the lack of grocery stores in their communities
- According to the New England Journal of Medicine, "This may be the first generation of children to not outlive their parents" due to childhood obesity

EVERYONE is invited to participate.

To get involved, contact

The Center for Closing the Health Gap

at 513.585.9872

WHERE YOU LIVE DETERMINES YOUR HEALTH



Medicine in the Bag



SO-ACT (Serving Older Adults through Changing Times), Cincinnati Christian Adult Day Ministry and Kroger Pharmacy (Kenard Avenue) are working together to educate seniors regarding the side effects of prescription medicine.

The goal is to inform seniors how medications affect their overall health and what complications can arise from different medications.

When taking medicines whether over the counter or prescribed, you should always consult your physician or pharmacist to ensure you are getting the best care. Learning the correct names of the medications, what they are for, how often and how long they are to be taken is imperative. There are several medicines with names that are very similar in sound. Ask QUESTIONS if you don't understand how or why you are taking the medicine or something just doesn't seem quite right. Sometimes your insurance company will only pay for generics when your doctor is calling for name brand prescriptions.

It is imperative that our seniors use preventative measures to stay healthy. Often when we are given medications by the doctor, we think we will be cured, but some medicines taken over a period of years will cause other problems. It is a proven fact that as we age our liver and kidneys become less effective in breaking down the medicine. It is very important that you and your doctor are monitoring liver and kidney functions at least twice a year. The brain and nervous systems can also be affected by taking medicine long term. Any unexplained changes in your body or sudden changes in memory should be brought to the attention of your primary care physician. Certain medicines can adversely affect the eyes, bones, joints, mobility and memory. Reducing the amount of fat, sugar and caffeine in our diet; increasing fruits, vegetables and exercise can reduce the amount of medicine we need to take on a regular basis. However, if you must take medicine, be INFORMED! You know the issues SO-ACT!

Sandra M. Jones, Co-founder

For Sale

Real Estate & More!

Paid Advertisement

3973 Ardmore, N. Avondale 4br, 1ba, \$125,000
Move-in cond., \$3,000 pd cl costs, new roof

38 Parkwood Pl, Avondale 2br 1ba \$25,000
SHORT SALE, BEST OFFER! Needs TLC!

2916 Gilbert Ave, Walnut Hills Comm'l bldg \$219,900
6270sf, 12+pkg, seller financing

789 N. Fred Shuttlesworth Cir. N. Avondale \$28,000
Vacant lot 100x200 flat/buildable, resid/comm'l

2428 Kremer Ave, Westwood 5br, 2ba \$78,000
split level, move in cond, fenced yard

1527 Elm St., Over-the-Rhine Comm'l bldg \$95,000
Retail / Apts. Needs complete rehab; also FOR LEASE

680 S. Crescent N. Avondale, 5br, 2ba, \$19,000
needs total rehab, aka S. Fred Shuttlesworth

3641-43, 3645-47 Reading Rd. Avondale, \$36,000
Two 4-unit bldgs, needs complete rehab

914 Findlay Ave., West End, 2+br, 1ba, \$20,000,
Brick, needs TLC & rehab work, near 1-75

1545 St. Leger Pl., Evanston, 5br, 2.5ba \$75,000
Brick, spac. rms, need TLC, SHORT SALE, BEST OFFER!

****IMPORTANT NEWS****

Apply for the \$8,000 Homebuyer Tax Credit & FHA 203K Rehab Loan. You can now buy that FIXER UPPER!

United First Financial www.payitfaster.com/sheila
Eliminate your mortgage and all debt in 1/2 to 1/3 the time without increasing your mortgage payments or refinancing current mortgage.

Use the **Money Merge Account System (MMA)**, it mathematically calculates how you can eliminate thousands in interest payments. This is **NOT** a debt roll down or bi-weekly plan.

Take advantage of the **FREE FINANCIAL ANALYSIS REPORT**. Go to my website and watch the video or just contact me for more details.

My personal analysis report states I will pay off my 25 year mortgage and all my debt in 6.3 years eliminating \$45,000 in interest payments...**What will your analysis report say???**

Sheila Holmes Howard
ABR, CTM, Realtor®, UFF Consultant

OWNERLAND REALTY
513-543-2333-cell 513 842-8834-efax

showard@cinci.rr.com
www.sheilaholmeshoward.com

Selling Homeownership Happiness!



Avondale Youth Council News Update

Joseph Malek, Assistant Editor

Congratulations to the Avondale Youth Council for completing their Professional Skills Development, Career Explorations and Rights of Passage training classes. A ceremony celebrating their success was held on August 28th. Many friends and family members attended the feast that followed; fun was had by all.

Here is a recap of the end of summer activities that the AYC participated in:

- The Marketing Team hosted the School Board Candidates Forum. Although the event was not very well attended by the public it was very informative.
- The Garden Crew held several Farmers Markets with the last of the produce from the gardens. They sold collard greens, kale, corn, radishes, okra, tomatoes, peppers and more.
- The Snack Shack (candy store) has new hours. It is open from 12 to 4 Monday through Friday. They are trying to provide an alternative to buying snack items at Mike's J&W Store.
- The History Team has completed the History of Avondale Churches project. The travelling exhibit is ready to be displayed.
- CPTED (Crime Prevention Through Environmental Design) has been passing out flyers for the Rally and March on October 10, 2009. The Rally is to call



attention to the need for a full service grocery store in the Avondale community.

Spotlight on Youth

Rasalyn Williams



Rasalyn is the Avondale Youth Council Secretary. She is 18 years old and a senior at Withrow University High School. She has been on the Council since March of 2008. Rasalyn feels that being a member of the AYC has helped her become more responsible financially and in other aspects of her life.

FALL CLEAN UP

Make a Difference Day

October 26, 2009

9:00 a.m. – 12:00 p.m.

Join *Keep Cincinnati Beautiful* by participating in the annual fall clean-up and beautification event. Volunteers are needed from 9:00 a.m. to 12:00 p.m. to work in the Avondale area.



In 2008, over 650 volunteers from 17 Greater Cincinnati communities (including Avondale) collected 15,000 pounds of trash. This is an opportunity to demonstrate our pride in the community that we call home. *Make a Difference Day* is an excellent way for organizations, youth groups, etc., to earn community service credit.

Make a Difference in AVONDALE!

Contact the Avondale Community Council (513)281-4414
or Fulton Jefferson, Jr. (513)614-4775 to participate.



Thanksgiving Baskets

Purchase your Thanksgiving dinner from the Avondale Youth Council

Baskets will contain the following:

- Turkey (10-12 lbs)
- Mashed potatoes
- Dressing
- Rolls
- Green beans
- Butter & Eggs
- Cake mix & Icing
- Mac-N-Cheese
- Corn and other items

All this for \$30 !

Orders accepted from October 1 - November 13 at the Avondale Pride Center (3520 Burnet Avenue).
Cash or money orders only.

Baskets will be passed out on November 21 at the Pride Center from 10 a.m.-2:00 p.m.

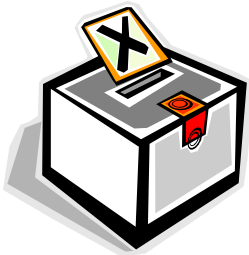
SAVE OUR LIBRARY!

Our wonderful Public Library of Cincinnati and Hamilton County is in crisis. Due to state budget cuts our Library is facing a 28% reduction in funding—a \$16 million deficit.



As a result of these cuts, the Library has already had to eliminate 250 staff positions, cut 241 hours a week, and cancel or postpone all capital projects. All these cuts have come at a time when the Library is busier than ever before. Home of the busiest Main Library in the country, the Library provides services to children, seniors, and low-income workers, among many others. The Library is a community asset that provides free services to the whole community. But without new funding the Library will be forced to make more cuts that will result in further reduced hours, additional staff cuts, closings of up to 20 branches, and purchase of fewer books and materials.

Avondale Community Council Elections



Nominations for three (3) rotating Board seats will be accepted at the October General Body Meeting.

Candidates will have a chance to introduce themselves at the October 20, 2009 General Body Meeting

Elections will be held in November 17, 2009 at the General Body.

Membership must be purchased by October 28, 2009 to vote.

On November 3, there will be a 1 mill operating levy that will Save Our Public Library—Issue 7. This levy will cost the owner of a \$100,000 home in Hamilton County \$2.50 per month. This is an excellent value compared to the cost of books, CDs, and DVDs.

We need your help! Please join this critical effort to Save Our Library by donating to the campaign, registering to vote, volunteering, getting the word out, or signing up for the email list today! To find out more or get involved, log onto www.voteforourlibrary.com/.

Paid Advertisement



Urban League of
Greater Cincinnati

Youth

Improve your child's future by enrolling them in our after school program

Jobs

Seek economic security by preparing yourself for a new or better job

Justice

Create opportunity and equality by engaging yourself in the political process

We are here with you.

513-281-9955
www.gcul.org



3458 Reading Road
Cincinnati, OH 45229



City Hosts Streetcar Information Open Houses

The City of Cincinnati is hosting a series of open houses throughout the city to provide information on the proposed modern streetcar system. City staff will be on hand to answer questions from the public and present information about such topics as what the modern streetcars look like, the economic benefits, the costs, how they operate, and the route.

Additionally, the public will be asked to provide comments on the system and particularly the "connector route" to Uptown. This is the path the streetcar will take from its downtown route to Uptown, includes the area around the University of Cincinnati, the hospitals and the zoo. These are the city's two largest employment centers with about 130,000 workers everyday. The proposed system does not currently include a route that circulates through the streets in Uptown.

The open house schedule is:

Tuesday, October 13
6-8 p.m. Oakley Recreation Center
3882 Paxton Avenue
(Hyde Park Plaza) 45209

Tuesday, October 20
6:30-8:30 p.m. College Hill Recreation
Center
5545 Belmont Avenue 45224

Tuesday October 27
6-8 p.m. Corryville Recreation Center
2823 Eden Avenue 45219

Tuesday, November 10
5-7 p.m. City Hall, Room 115
801 Plum Street 45202

Five Tips to Avoid Senior Scams

1. **Sign up for direct deposit—Avoid mail theft have Social Security, pension and dividend checks automatically deposited.**
2. **Reduce telemarketer calls to avoid senior scams— It can be hard to say no to a telemarketer. Register your land line or cell phone number with the DO NOT CALL REGISTRY 1-888-382-1222 to reduce the number of telemarketer calls.**
3. **Ignore direct mail advertising-If you receive a notice saying you have won a prize read the fine print carefully to discover hidden costs or further obligations. Get a second opinion from someone you trust before pursuing the prize.**
4. **Look out for Medicare drug discount card scams- Medicare drug discount cards cannot be sold by phone or door-to-door sales. The best way to get a Medicare approved discount card is by contacting Medicare directly at 800-633-4227.**
5. **Assign a power of attorney-Have someone who is legally empowered to make choices for you can save you from improper management of your finances. It is important to execute your power of attorney before you become too ill to make decisions.**

Dates To Remember
Avondale Council/Pride Center
3520 Burnet Avenue
Cincinnati, OH 45229 (513) 281-4414

ACC
 Avondale Community Council
 Board meeting
October 6
6:30 p.m.

General Body
October 20
6:30 p.m.
 Pride Center

AYC
 Avondale Youth Council
October 6 & 20, 4:30
 Pride Center

District 4
 Community Meeting
October 22
6:30
 District 4

Ceasefire
Steering Committee
TBA (Call Pride Center)
 Church of the Living God
 430 Forest Avenue

◆
Every Child Succeeds
Steering Committee
October 15
10:00
Carmel Presbyterian

Cincinnati Recreation Commission

Hirsch Recreation Center
3630 Reading Road, Cincinnati, OH 45229
751-3393

Daily Schedule

Tai Chi	9:00-11:00	Mon, Wed, Fri
Walking	9:00-1:00	Mon thru Fri
Weight Toning	10:00-11:30	Mon, Wed, Fri
Yoga	10:00-11:30	Tues, Thurs

After School Drop-In	2:30-5:00	Mon-Fri
After School Pick-Up	2:15-5:00	Mon-Fri
After School Day Camp	2:15-6:00	Mon-Fri

Theater	Tues, Thurs
Art	Mon, Wed
Movie	Fri



Teen Open Gym	6:30-8:00	Tues, Thurs
African History	6:00-8:00	Mon, Wed
CPD Grief Counseling	6:00-8:00	Tues



All activities require membership
Adult \$15 Senior/Teen/Youth \$5

Cincinnati Recreation Commission *do right!*
North Avondale Recreation Center

617 Clinton Springs Avenue, Cincinnati OH 45229
 Phone: 513-961-1584

HEALTHY ACTIVITIES

Participants must have Center memberships

Adults \$15 Senior/Teen/Youth \$5



Senior Line Dancing

Mondays & Wednesdays 10-11:30 am
 FREE with membership

YOGA

Mondays & Wednesdays 6-7 pm
 FREE with membership



Sauna

FREE with membership



Tai Chi

Thursdays 6pm
 FREE with membership



Weight Room

\$10 per quarter with membership



Aerobic Workout Party

T & Th 5:45-7:30 pm, Saturdays 12-2 pm
 \$25 per month or \$5 per class, with membership

Karate

T & Th 5-7:30 pm
 Monthly fee & membership

Recreation programs and facilities are open to all citizens regardless of race, sex, color, religion, nationality, or disability. CRC is an Equal Opportunity Employer and is committed to supporting the Americans with Disabilities Act. Please call if you require any special accommodations.

**AVONDALE COMMUNITY COUNCIL
PRIDE CENTER
3520 Burnet Ave.
Cincinnati, Ohio 45229**

NON-PROFIT ORGANIZATION
U.S. POSTAGE PAID
Cincinnati, OH
Permit #3455

FOR CURRENT RESIDENT OR

**Phone: 513-281-4414
513-281-5999
Fax: 513-281-0884**

**E-mail: avondalecouncil5@aol.com
avondalebusiness@aol.com
avonyouthcouncil@aol.com**

Web-Site: www.avondalecommunitycouncil.org

Board of Trustees & Committee Chairs

President	Patricia Milton patriciamilton@msn.com	281-4430
Vice-President	Gayle Harden-Renfro	221-8475
Treasurer	Leah Dennis	281-3149
Secretary	Earlene Newton	226-2627
Finance Chair	Terresa Adams	675-9217
Membership Chair	Fulton O. Jefferson Jr.	614-4775
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Trustee	Christie Bryant	702-6999
Trustee	Ishaq Nadir	607-3538
Trustee	Sheila Holmes Howard	543-2333
Trustee	Jerome Manigan	861-8689



City Council Directory

Mayor Mark Mallory 801 Plum Street Rm 150 Cincinnati, OH 45202 Phone: (513) 352-3250 Fax: (513) 352-5201 Mark.mallory@cincinnati-oh.gov	Y. Laketa Cole 801 Plum St. Rm 351 Cincinnati, OH 45202 Phone: (513) 352-3466 Fax: (513) 352-3957 laketa.cole@cincinnati-oh.gov
Vice Mayor David Crowley 801 Plum St. Rm 352 Cincinnati, OH 45202 Phone: (513) 352-2453 Fax: (513) 352-2365 david.crowley@cincinnati-oh.gov	Chris Bortz 801 Plum St. Rm 348 Cincinnati, OH 45202 Phone: (513) 352-3255 Fax: (513) 3264 chris.bortz@cincinnati-oh.gov

Avondale Community Council Staff

Community Organizer	Carla Butler	281-5999
Major Projects Consultant	Bill Witten	646-8944

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District 4 Police	CPOP Supervisor	368-1720
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Jeff Berding 801 Plum St. Rm 350 Cincinnati, OH 45202 Phone: (513) 352-3283 Fax: (513) 352-3289 jeff.berding@cincinnati-oh.gov	Leslie Ghiz 801 Plum St. Rm 354 Cincinnati, OH 45202 Phone: (513) 352-3499 Fax: (513) 352-3277 leslie.ghiz@cincinnati-oh.gov
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Important City Phone Numbers

Better Business Bureau	421-3015
Crimestoppers	352-3040
Liter Control	564-1750
Poison Information	558-5111
Senior Program	352-4026
Street Cleaning	591-6000
Weed Property	564-1750
Abandoned Vehicles	564-2277
Building Decay	352-3275
Snow Removal	591-6000
Waste Collection	591-6000
Discrimination, rental/leasing	721-4663

Greg Harris 801 Plum St. Rm 346B Cincinnati, OH 45202 Phone: (513) 352-5303 Fax: (513) 352-4657 greg.harris@cincinnati-oh.gov	Cecil Thomas 801 Plum St. Rm 349 Cincinnati, OH 45202-1979 Phone: (513) 352-3499 Fax: (513) 352-3218 cecil.thomas@cincinnati-oh.gov
Chris Monzel 801 Plum St. Rm 346B Cincinnati, OH 45202 Phone: (513) 352-3653 Fax: (513) 352-4649 chris.monzel@cincinnati-oh.gov	Roxanne Qualls 801 Plum St. Rm 346A Cincinnati, OH 45202 Phone: (513) 352-3604 Fax: (513) 352-3621 roxanne.qualls@cincinnati-oh.gov